



# Shabbat Announcements

Parshat Pekudei

March 12, 2016 2 Adar II, 5776

**TORAH**  
**ARTSCROLL 530**  
**HERTZ 385**

**HAFTORAH**  
**ARTSCROLL 1164**  
**HERTZ 392**

## Rabbi Jonathan Sacks on Parshat Pekudei

Sitting is the new smoking. So goes the new health mantra. Spend too much time at a desk or in front of a screen and you are at risk of significant danger to your health. The World Health Organization has identified physical inactivity as the fourth greatest health hazard today, ahead of obesity. In the words of Dr James Levine, one of the world's leading experts on the subject and the man credited with coining the mantra, says, "We are sitting ourselves to death." The reason is that we were not made to sit still. Our bodies were made for movement, standing, walking and running. If we fail to give the body regular exercise, it can easily malfunction and put us at risk of serious illness. The question is: does the same apply to the soul, the spirit, the mind? It is fascinating to look at the sequence of verbs in the very first verse of the book of Psalms: "Happy is the man who does not walk in the counsel of the ungodly, or stand in the way of sinners, or sit in the seat of the scornful" (Ps. 1:1). That is a picture of the bad

life, lived in pursuit of the wrong values. Note how the bad man begins by walking, then stands, then sits. A bad life immobilizes. That is the point of the famous verses in Hallel: Their idols are silver and gold, the work of men's hands. They have mouths, but do not speak, eyes but do not see, ears but do not hear, noses but do not smell. They have hands but cannot feel, feet but cannot walk, nor can they make a sound with their throats. Those who make them will be like them; so will all who trust in them. (Ps. 115:4-8) If you live for lifeless things – as in the bumper sticker, "He who dies with the most toys, wins" – you will become lifeless.

Except in the House of the Lord, Jews do not sit. Jewish life began with two momentous journeys, Abraham from Mesopotamia, Moses and the Israelites from Egypt. "Walk on ahead of Me and be blameless" said God to Abraham (Gen. 17:1). At the age of ninety-nine, having just been circumcised, Abraham saw three strangers passing by and "ran to meet them." On the verse, "Jacob dwelled [vayeshev, the verb that also means "to sit"] in the land where his father had stayed" Rashi, citing the sages, commented: "Jacob sought to live in tranquility, but immediately there broke in on

him the troubles of Joseph." The righteous do not sit still. They do not have a quiet life. Rarely is the point made with more subtlety than at the end of this week's parsha and the book of Exodus as a whole. The Tabernacle had been made and assembled. The closing verses tell us about the relationship between it and the "cloud of glory" that filled the Tent of Meeting. The Tabernacle was made to be portable. It could be dismantled and its parts carried as the Israelites travelled on the next stage of their journey. When the time came for them to move on, the cloud moved from the Tent of Meeting to a position outside the camp, signaling the direction the Israelites were to take. This is how the Torah describes it: When the cloud lifted from above the tabernacle, the Israelites went onward in all their journeys, but if the cloud did not lift, they did not set out until the day it lifted. So the cloud of the Lord was over the tabernacle by day, and fire was in the cloud by night, in the sight of all the house of Israel in all their journeys. (Ex.40: 36-38)

There is a significant difference between the two

Times	
Candle Lighting	5:39 pm
Mincha	5:40 pm
Hashkama	8:00 am
Youth Minyan	8:30 am
Parsha Shiur	8:30 am
Main	9:00 am
Beit Midrash	9:15 am
Gemara Shiur	4:35 pm
Mincha	5:35 pm
Shabbat ends	6:48 pm
Rabbi Reisman Video Shiur	8:30 pm
Sun. Mar. 13	7:30/8:30 am
Mon. & Thurs.	6:35/7:45 am
Tue., Wed. & Fri.	6:45/7:45 am
Mincha	6:50 pm
Latest Times for Shema/Shemoneh Esrei	
March 12	9:07/10:06 am
March 19	10:01/11:01 am
Next Shabbat Vayikra/Zachor	
Candle Lighting	6:47 pm
Mincha	6:50 pm

**KIDDUSH & BIMA FLOWERS ARE SPONSORED BY ELANA & HERSCHEL FLAX IN HONOR OF THE AUFRUF AND UPCOMING MARRIAGE OF THEIR SON ALEXANDER TO PAULA ANCELSON.**

**SEUDAH SHLISHIT IS SPONSORED BY BRACHA & ZE'EV KRON IN MEMORY OF HIS FATHER MENACHEM BEN ZE'EV.**

occurrences of the phrase "in all their journeys". In the first, the words are meant literally. When the cloud lifted, the Israelites knew they were about to begin a new stage of their journey. However in the second instance, they cannot be meant literally. The cloud was not "over the Tabernacle" in all their journeys. To the contrary, it was there only when they stopped journeying and instead pitched camp. During the journeys the cloud went on ahead. Rashi notes this and makes the following comment: A place where they encamped is also called massa, "a journey"... because from the place of encampment they always set out again on a new journey, therefore they are all called "journeys". The point is linguistic, but the message is remarkable. In a few brief words, Rashi has summarized an existential truth about Jewish identity. To be a Jew is to travel. Judaism is a journey, not a destination. Even a place of rest, an encampment, is still called a journey. The patriarchs lived, not in houses but in tents. The first time we are told that a patriarch built a house, proves the point: Jacob traveled to Sukkot. There he built himself a house and made shelters [sukkot] for his livestock. That is why he called the place Sukkot. (Gen. 33:17). The verse is astonishing. Jacob has just become the first member of the covenantal family to build a house, yet he does not call the place "House" (as in Bet-El or Bet-lechem). He calls it "cattle-sheds." It is as if Jacob, consciously or unconsciously, already knew that to live the life of the covenant means to be ready to move on, to travel, to journey, to grow.

One might have thought that all this applied only to the time before the Israelites crossed the Jordan and entered the Promised Land. Yet the Torah tells us otherwise: The land shall not be sold in perpetuity because the land is Mine: you are strangers and temporary residents as far as I am concerned. (Lev. 25:23) If we live as if the land is permanently ours, our stay there will be temporary. If we live as if it is only

temporarily so, we will live there permanently. In this world of time and change, growth and decay, only God and His word are permanent. One of the most poignant lines in the book of Psalms – a verse cherished by the French-Jewish philosopher Emmanuel Levinas – says, "I am a stranger on earth. Do not hide your commands from me" (Ps. 119:19). To be a Jew is to stay light on your feet, ready to begin the next stage of the journey, literally or metaphorically. An Englishman's home is his castle, they used to say. But a Jew's home is a tent, a tabernacle, a sukkah. We know that life on earth is a temporary dwelling. That is why we value each moment and its newness.

Recently a distinguished British Jew, (Lord) George Weidenfeld, died at the age of 96. He was a successful publisher, a friend and confidant of European leaders, an inveterate fighter for peace and a passionate Zionist. In 1949-50, he was political adviser and Chief of Cabinet to Chaim Weizmann, first President of Israel. One of his last acts was to help rescue 20,000 Christian refugees fleeing from ISIS in Syria. He was alert and active, even hyperactive, to the very end of a long and distinguished life. In an interview with The Times on his ninety-second birthday he was asked the following question: "Most people in their nineties slow down. You seem to be speeding up. Why is that?" He replied, "When you get to ninety-two, you begin to see the door about to close. I have so much to do before the door closes that the older I get, the harder I have to work." That is a good formula for staying young. Like our bodies, our souls were not made for sitting still. We were made for moving, walking, traveling, learning, searching, striving, growing, knowing that it is not for us to complete the work but neither may we stand aside from it. In Judaism, as the book of Exodus reminds us in its closing words, even an encampment is called a journey. In matters spiritual, not just physical, sitting is the new smoking.



**GNS Yoetzet Halacha Lisa Septimus**  
 Welcomes your questions about mikvah, observance of taharat mishpacha (halacha relating to married life) and women's health, as it connects to Jewish law. Reach out to her at:  
 Phone: 516.415.1111  
 Email: [greatneckyoetzet@gmail.com](mailto:greatneckyoetzet@gmail.com).  
 All conversations and emails are kept confidential.



**Great Neck Synagogue**  
 26 Old Mill Road, Great Neck, NY 11023  
 516-487-6100

**Rabbi Dale Polakoff, Rabbi**  
**Rabbi Ian Lichter, Assistant Rabbi**  
**Dr. Ephraim Wolf, z"l, Rabbi Emeritus**  
**Zeev Kron, Cantor**  
**Eleazer Schulman, z"l, Cantor Emeritus**  
**Rabbi Sholom Jensen, Youth Director**  
**Zehava & Dr. Michael Atlas, Youth Directors**  
**Mark Twersky, Executive Director**  
**Dr. James Frisch, Assistant Director**  
**Dr. Hal Chadow, President**  
**Harold Domnitch, Chairman of the Board**  
**Lisa Septimus, Yoetzet Halacha 516-415-1111**

**PURIM IS COMING MARCH 24!!**  
**GNS Sisterhood Purim Cards available**  
 10 cards for \$25  
 1 card for \$3  
 Cards are available in the shul office or  
 by calling Judy Lillian at 516-487-6845



**The beginning of wisdom is fear of Hashem,  
 the beginning of understanding is  
 knowledge of the sacred...Proverbs 9:10**



PURIM IS COMING MARCH 29th

**PURIM PACKAGES FOR YOUR COLLEGE STUDENTS**

Got kids/grandchildren in college? Order a Purim package from the [GNS SISTERHOOD](#) and we will send it to your loved one anywhere in the USA. **Order Deadline is Monday, March 7th**

Please send \_\_\_\_\_ package(s) at \$20 each to:

\*\*\* \_\_\_\_\_ Please check here if contents need to be nut free\*\*\*

Student's Name \_\_\_\_\_

Complete Shipping Address

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

(\*Additional names and addresses can be added on the back of this page)

From: \_\_\_\_\_ (you can attach a note that you would like us to enclose or we will prepare one for you)

Phone number \_\_\_\_\_

Email address \_\_\_\_\_

Payment enclosed: cash, check or credit card

Cc number \_\_\_\_\_

Expiration Date \_\_\_\_\_ Security Code \_\_\_\_\_

Name on card \_\_\_\_\_

\*\*\*We appreciate all sponsorships of this project even if you don't have a college student. Please circle your sponsorship preference below and add your payment. Thank you for your support.

\$36 sponsor   \$52 sponsor   \$100 sponsor   \$ \_\_\_\_\_ Other

Questions? Call Andy at 516-687-6845.

**SUNDAY NIGHT CONVERSATIONS**  
at  
**GREAT NECK SYNAGOGUE**



**MARTIN  
FLETCHER**

Join us for a conversation with one of the world's most foremost war correspondents. As a witness to famine, apartheid, revolution, terrorism and genocide, he has chronicled his major news stories from Israel, the West Bank, Gaza, Cyprus, Lebanon, Afghanistan, Rwanda and Somalia. His family's personal stories from the Holocaust helped shape his views on suffering from all over the world.

**SPECIAL TELEVISION NEWS CORRESPONDENT FOR NBC NEWS & PBS FOR OVER 30 YEARS. WINNER OF FIVE EMMYS AND MANY OTHER AWARDS INCLUDING NATIONAL JEWISH BOOK AWARD AS AUTHOR OF THE WAR REPORTER.**

**MARCH 13      BEIT MIDRASH**  
**MINCHA 6:50 PM - SPEAKER 7:30 PM**  
**FOLLOWED BY DESSERT RECEPTION**

*Great Neck Synagogue*  
*Women's Learning Series*  
*Presents*

**Mrs. Devorah Kigel**  
*devorahkigel.com*

**Monday, March 14th 2016**  
**8:00 pm**

**Pre Purim Shiur**

*Pursuit of Happiness:*  
*What are WE*  
*Pursuing?*

At the home of  
**Orly & Alan Steinberg**  
2 Sands Court

**GREAT NECK SYNAGOGUE**  
**HUNGER INITIATIVE**  
**WANTS TO MAKE YOUR PURIM**  
**MORE MEANINGFUL**

**USE BEANS or a BOX OF PASTA**  
**As a Grogger!**

We are collecting  
**CANS, CEREAL, PASTA**  
Wed night March 23th  
& Thurs morning March 24th  
**BEFORE THE MEGILLA READING**

Leave your donations  
at the coat lobby

Food will be donated to local food pantries  
(JUST FOUR WEEKS TILL PESACH!)

GNS Youth Department Presents

# Megillah madness

March Madness? Nope. We have Megillah Madness. Shabbos March 5 in the Braun Youth Center 11:00am grades 6-12 can enter a competition to learn a section of megillat Esther and compete against friends over the course of 4 weeks and 6 rounds of matchups

March 5 Selection Shabbos 11:00am

March 12 Opening Round 11:00am

March 19 Rounds 2 and Sweet Sixteen 11:00am

March 26 Elite 8 11:00am

April 2 Final Four & Championship

March rounds held in Braun Youth Center  
Final Four Site: Main Sanctuary

# BUBBLE SOCCER

**SATURDAY NIGHT**  
**MARCH 12**  
**7:45-11:30PM**  
**GRADES 6-12**



\$35 per child includes  
pizza, transportation, &  
activity -sign up GNS office

## GNS March Chesed Collection 2016

Camp Kaylie - run by Ohel  
is in great need of  
new and gently used  
sports equipment.

The equipment will be  
utilized for special needs programs and  
after school and summer programs.

Please leave at the Kessler Home  
9 Vista Drive  
at the front door  
Sun - Friday for the month of March



## BE IN THE PURIM EXTRAVAGANZA SHOW!

Video-taping on Tuesday March 8<sup>th</sup>  
from 5:00-6:30PM. All youth should  
prepare to be filmed doing the:  
Nae Nae-Whip-Stanky Leg-Break  
Your Legs-Bop, etc.

## WE NEED YOUR SELFIES!

Any and all SELFIES welcome for this  
year's Purim Show. Please email all  
SELFIES to PurimSelfies@gns.org.





## **COME CELEBRATE PURIM AT THE CHAVERIM CENTER**

**March 16th**

**11:30 am – 2:00 pm**

Join us for an interesting talk by our guest Ferry Sedaghatpour. She will be talking about the relationships between Persians and Purim.

We will be having a festive Purim Seuda catered by Colbeh and sponsored by David and Susan Sedgh, and Michael and Lisa Aryeh in memory of her father Avram Leb Ben Yoel z"l. **Please RSVP.**

Thank you to Annie and Robert Mendelson for sponsoring lunch this past week in memory of her father Robert Meisel z"l on the occasion of his yahrzeit.

**Our book group has been rescheduled to  
March 30<sup>th</sup>.**

### **Upcoming Events:**

**March 30<sup>th</sup> :-** Report back from AIPAC and our book group. The book we are discussing is "My Father's Paradise" by Ariel Sabar



Dear Friends,

The Chaverim Center at Great Neck Synagogue takes place twice a month on Wednesdays from 11:30am - 2:00pm. I encourage you to join our warm and inviting multigenerational group who gather to socialize, network, hear inspiring lectures, receive updates on the situation in Israel, attend book clubs, play cards, games, bridge, mah jongg, and other activities of interest. Enjoy a complimentary delicious lunch, as well as a short Dvar Torah that I share at each meeting. In addition, the NSHA Middle School students are there to help anyone with cellphones or other devices. Sponsors of the lunches and programs are appreciated and encouraged. It is a meaningful way to honor or remember your loved ones. I am grateful to Cindy Hodkin, Michelle Berman and Erica Zucker Heisler for co-chairing this new program and for all their hard work, effort and time that they put in to make each gathering a huge success. The next meeting will be on Wednesday, March 16th - hope you can make it!

Rabbi Dale Polakoff

**ג'ה SUMMER 2016**  
**Monday August 15<sup>TH</sup> to Thursday August 25<sup>th</sup>**



**You and your family, and relatives and friends ARE INVITED TO JOIN the  
 GREAT NECK SYNAGOGUE MEN'S CLUB TRIP TO THE**

## **JEWELS OF RUSSIA**

**Enjoy friendship, fun, and faith adventuring with your fellow GNS  
 "comrades" touring Moscow and St. Petersburg RUSSIA..... coupled  
 with specially arranged Jewish historical, cultural and religious  
 programs. We will be hosted by Keshet Kasher Tours  
 a well-known and experienced tour operator.**



Five nights in MOSCOW the Kremlin  
 Red Square Congresses Palace  
 Grand Palace Armory Museum  
 Throne of Ivan the Terrible Faberge  
 Eggs Memorial Park Tretyakov  
 Gallery Choral Synagogue  
 Moscow Metro  
 Four nights in ST. PETERSBURG  
 Great Synagogue Peter-Paul Fortress  
 Tsarskoye Village Hall of Light  
 Pavlovsk residence the Hermitage  
 Neva River boat ride Peterhof Grand  
 Palace Hydrofoil trip

➡ RESERVE THESE DATES NOW ON YOUR CALENDAR ➡ CHECK YOUR PASSPORTS  
 ➡ PLAN \$3750 PER PERSON (which INCLUDES AIRFARE) FOR OUR 1st GNS MEN'S CLUB  
 TRAVEL PROGRAM CONTACT Hilly Milun, [gnsclub@gmail.com](mailto:gnsclub@gmail.com), or Rob Knepper, [robknepper@gmail.com](mailto:robknepper@gmail.com), or Keshet  
 Kasher 1-212-481-3721

- Round trip air fare on Delta from New York
- First class hotels – 4 and 5 star
- Three kosher meals daily
- Etc, etc.



**IT'S STILL NOT TOO LATE!!**  
**JOIN US!!**  
**AIPAC POLICY CONFERENCE 2016**  
**MARCH 20-22 WASHINGTON, D.C.**  
Registration form on [gns.org](http://gns.org).

Contact Steve Blumner at 516.639.8941 or [sblumner@sjbqueens.com](mailto:sblumner@sjbqueens.com).

**Sign up today and join Rabbi Polakoff and GNS members in support of Israel!**

Arie Aboulafia  
Sammy Ahdoot  
Jonny Ambalo  
Michelle Ambalo  
Danny Askari  
Robyn Blumner  
Steve Blumner  
Tara Blumner  
Deborah Chadow  
Hal Chadow  
Betty Crane  
Joel Crane  
Alina Dynkin  
Lev Dynkin  
Eliyahou Elyassoff  
Isaac Elyassoff  
Jacob Elyassoff  
Laden Elyassoff  
Miriam Elyassoff  
Mansour Farhadian  
Yaffa Farhadian  
Norman Fisher  
Sylvia Fisher  
Debbie Furst  
Tommy Furst  
Sharon Goldwyn  
Rita Gordonson  
Natan Hamerman  
Adam Hecht

Donna Hecht  
Joseph Hecht  
Adam Hutt  
Didi Hutt  
Mitchell Hutt  
Rachel Hutt  
Erran Kagan  
Leonard Kahn  
Gloria Kaylie  
Jacob Khorramian  
Herman Kotler  
Mina Kotler  
Cindy Ludwig  
Ann Lupkin  
Stanley Lupkin  
Tina Machnikoff  
Adeline Markowitz  
Benjamin Markowitz  
Eddie Mehrfar  
Hillel Milun  
Jaime Mittleman  
Ben Ohebshalom  
Jonny Ohebshalom  
Brenda Parver  
Ed Parver  
Rabbi Dale Polakoff  
Ellen Polakoff  
Payman Rabiei  
Galit Reichlin

Grant Reichlin  
Jonathan Reiss  
Carl Rosenberg  
Rivkah Rosenberg  
Ariel Sassoon  
Dov Sassoon  
David Schimel  
Donna Schwechter  
Leon Schwechter  
Ferry Sedaghatpour  
Vahid Sedaghatpour  
Abraham Soleimani  
Judy Soleimani  
Cheryl Sperber  
Robert Sperber  
Karen Spitalnick  
Robert Spitalnick  
Alan Steinberg  
Jill Swartz  
Steven Swartz  
Gerald Traub  
Maxine Wiesenfeld  
Daniel Winter  
Howard Wolf  
Michelle Wolf  
Vladimir Zyskind  
Yuna Zyskind

# ANNOUNCEMENTS

**RABBI POLAKOFF'S SHABBOS DRASHA THROUGH 5776, IS DEDICATED IN MEMORY OF PINCHAS BEN YOSEPH FOR OTHER SUCH OPPORTUNITIES PLEASE CONTACT HOWARD WOLF 212-843-4668**

**IF YOU KNOW OF SOMEONE WHO IS MOVING INTO THE GREAT NECK AREA PLEASE LET THE OFFICE KNOW.**

## SUNDAY CONVERSATIONS

Join us **Sunday night at 7:30 pm** to hear **Martin Fletcher**, speaking on his life as a war correspondent in the Middle East.

## PURIM CARDS & PURIM PACKAGES

Sisterhood is offering Purim packages to go to college students as well as selling beautiful Purim cards. See pgs.2-3

## GNS CHESED

Family volunteers are needed, please contact Sharon Goldwyn.

**April Chesed Collection** - Passover food

**April Chesed Collection** - Chametz

## WERBER CHESED AWARD

We are currently soliciting nominees to be considered for the **David & Ellie Werber Chesed Award**, presented to a child/teen from our community who performs chesed in a notable way. Please email [mtwersky@gns.org](mailto:mtwersky@gns.org) with the name of your nominee and a brief description of why you think he or she is deserving of this award. All nominees will be considered by the committee and are confidential.

## HUNGER INITIATIVE

We are collecting cans, cereal & pasta **Wed. night, March 23 and Thurs. morning, March 24** before the Megillah readings. Please leave your donations at the coat lobby.

## NOMINATING COMMITTEE

The nominating committee is working on selecting new board members. If you want to nominate someone, or yourself, please contact one of the following members:

Avery Modlin, Chair, and members are Jerry Weinstein, Donna Hecht, Liz Ort, Jeff Benjamin, Zachary Mittelman, and Evan Shusterman.

## NEXT SHABBAT GUEST FOR SEUDAT SHLISHIT

Daniel Luria, Executive Director, Ateret Cohanim Israel, Jerusalem Reclamation Project, will deliver a dynamic & timely presentation, at Seudah Shlishit, **Shabbat Zachor, March 19** entitled **"From Haman to Hamas - the battle over Jerusalem - Ateret Cohanim and our own 'BDS'!!!"**

## GN EIRUV ASSOCIATION

The maintenance of the eiruv requires constant attention and resources. If you have not already responded, we ask that you please do so by either by sending a check to: **G N Eiruv Association P.O. Box 234243 Great Neck, NY 11023**, or by donating online at <http://greatneckeiruv.org/donate>. The minimum suggested donation remains at \$180.00. If you are able to support the Eiruv with a larger donation, it will be GREATLY appreciated. Thanking you in advance for your support of our community Eiruv.

## UPCOMING EVENTS AT GREAT NECK SYNAGOGUE

March 11: Young Family Dinner & Magic Show  
 March 12: Youth: Bubble Soccer  
 March 13: Sunday Conversations: Martin Fletcher  
 March 14: Women's Learning Series: Purim Shiur  
 March 16: Chaverim Center  
 March 23: Purim Show

## MAZAL TOVS & COMMUNITY NEWS

**Mazal Tov** to **Ben & Maneli Rabizadeh** on the birth of a daughter.

**Mazal Tov** to **Sharon & Victor Ancelson** on the upcoming marriage of their daughter **Paula to Alexander Flax**.

**Mazal Tov** to **Elana & Herschel Flax** on the upcoming marriage of their son **Alexander to Paula Ancelson**.  
**Mazal Tov** to Grandmother **Mary Flax**.

## NSHA DINNER SAVE THE DATE

The NSHA's Annual Journal Dinner, celebrating its 61 year tradition of excellence will take place on **Sunday, April 10**, at Old Westbury Hebrew Congregation honoring **Heidi & Glenn Zuckerman, Drs. Helen & Howard Zimmerman, and Rabbi Sholom Jensen**. Contact Arnie Flatow at [aflatow@nsha.org](mailto:aflatow@nsha.org).

## SHAARE ZEDEK WOMEN'S HEALTH DAY

Shaare Zedek Women's Health Day will take place **Wed. March 16, 2016** from 9:00-2:00 pm at the NY Academy of Medicine. Contact Sharon Goldwyn at [sgoldwyn@acsz.org](mailto:sgoldwyn@acsz.org).

## CENTRAL'S ANNUAL DINNER

**Rafi & Shifi Yehoshua** and **Rebbetzin Abby Lerner** are being honored by Yeshiva University HS For Girls' (Central) Annual Dinner 2016 on **Wed. April 6th at 6 pm**. For reservations and more information, please visit [www.yu.edu/hsdinner](http://www.yu.edu/hsdinner).

## NORTH SHORE MIKVAH ASSOCIATION

The annual fundraiser will be on **Tues. May 17th at 7:30 pm**, in memory of Sharon Goldwyn's mother, Belle Goldwyn z"tl, featuring back-by-popular-demand speaker, **Rachel Hercman LCSW**, who will be speaking on: *Abandoning Perfection -- Learning to let go in life, love and intimacy*.

## FLORENCE SCHAFFER MEMORIAL SCHOLARSHIP

If you know of a deserving young woman, planning to study in Israel, in need of a scholarship, please consider applying for our Florence Schaffer Memorial Scholarship Fund. Contact Cindy Hodkin [koshercookinggn@gmail.com](mailto:koshercookinggn@gmail.com) for an application. All applications are handled with the utmost discretion.

## VOLUNTEER DRIVER NEEDED

The Hunger Initiative of GNS is looking for a driver on Fridays between 1-3pm to make a few Great Neck local deliveries. Contact Cindy Hodkin if interested at [koshercookinggn@gmail.com](mailto:koshercookinggn@gmail.com).

*Mazal Tokayer and family would like to thank Rabbis Polakoff, Lichter, Cantor Kron and the entire GNS Community for the outpouring support and sympathy following the loss of her mother Miriam Ovadyah z"l.*

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### Sunday, 3 Adar II

Milton Mitzner for Pearl Drucker

### Monday, 4 Adar II

Steven Berkowitz for Jack Berkowitz

Lev Dynkin for Shasha Mindel Lider

### Tuesday, 5 Adar II

Brenda Parver for Ida Altman

Shellie Zuckerman for Aaron Feinerman

### Wednesday, 6 Adar II

Phyllis Weinberg for Sayde Herchkowitz

### Friday 8, Adar II

Naeema Pomerantz for Rachamim Soleimani

Moossa Soleiman for Rachamim Soleimani